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October 2023 Edition



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Save the Date | Events, CME, Meetings



37TH ANNUAL BCMS AUTO SHOW

Join us for an evening filled with
live music, great food from local restaurants, and fun!
Over 100 New Vehicles will be on display!

Thursday, October 19, 2023

5:30 - 8:30 PM

Bexar County Medical Society
4334 N Loop 1604 W, San Antonio, TX 78249



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SAN ANTONIO

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Live Performance by Nathan Bibiano

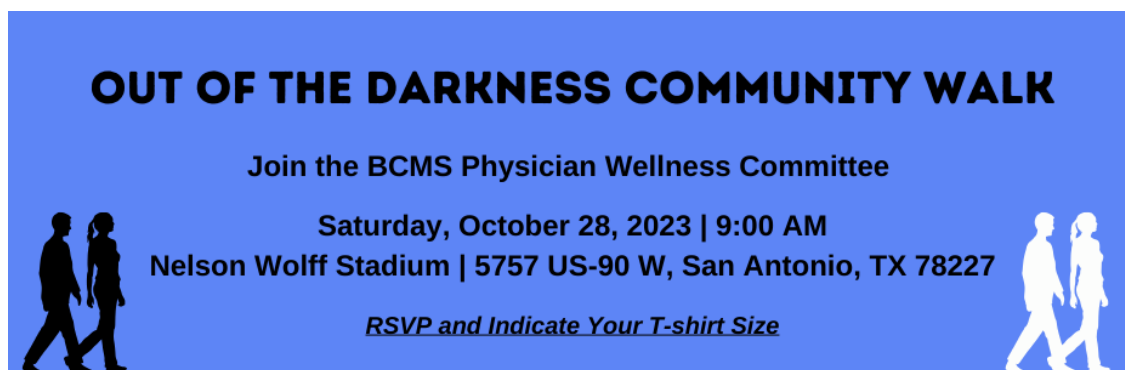


RSVP Here



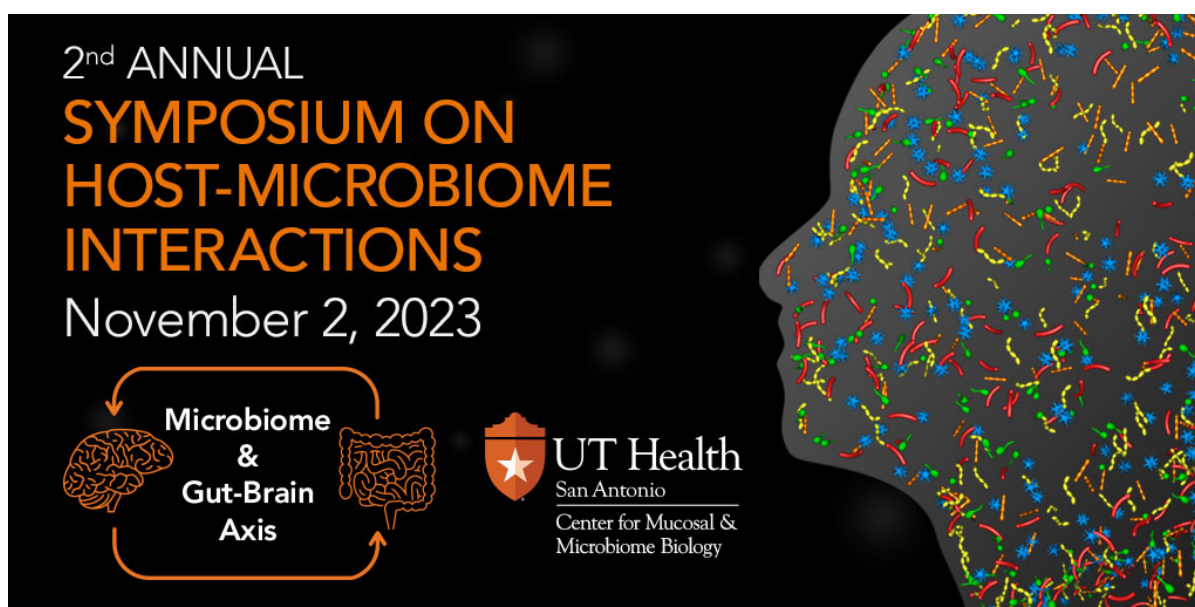
[Click Here to RSVP](#)

Walk for Suicide Prevention October 28th



How to donate and event details
Contact: Monica Jones (210) 301-4373
Email | membership@bcms.org

2nd Annual Symposium on Host-Microbiome Interactions



UT Health San Antonio invites you to attend the 2nd Annual Symposium on Host-Microbiome Interactions, Thursday, November 2, 2023 in San Antonio. This event welcomes researchers, healthcare professionals and students to explore the latest discoveries in the gut-brain axis, microbiome research and more! Registered attendees will hear from the best in the field with our lineup of distinguished speakers and Networking Opportunities with Researchers Across Various Disciplines. 5.25 Continuing Medical Education Credit, a Breakfast + Boxed Lunch is provided!

[Learn More](#)

VIPs *at* Sea

Aboard the Royal Caribbean Wonder

February 18 - 25, 2024
7 Night Physician Well-Being CME



**Royal Caribbean's Newest and Largest Ship
 For Physicians and their Guests**

Earn up to 28 CME credits!

TMA Member Pricing based on double occupancy:

Ocean View Balcony prices starting at \$1498 plus taxes and gratuities per person

Event Registration of \$695 for Physicians and \$200 for Guests

Pricing valid through 9/15/23. \$995 for non-members

Reserve your cabin NOW at VIPSatSea.com or call (865) 531-2766, ext. 2200



Itinerary:

- Day 1 - Depart from Cape Canaveral, Florida
- Day 2 - Perfect Day Cococay, Bahamas
- Day 3 - At Sea
- Day 4 - Charlotte Amalie, St. Thomas
- Day 5 - Philipsburg, St. Maarten
- Day 6 - At Sea
- Day 7 - At Sea
- Day 8 - Arrive back in Cape Canaveral, Florida

Presented By:



VIPs at Sea



David Geier, MD

In his inspiring keynote speech and webinars, Dr. Geier explains why burnout is so detrimental to physicians and healthcare providers. While sharing changes that must be made at an institutional and national level to curb the burnout problem, he shares key steps every individual can take to overcome burnout, reconnect with why they work in healthcare, and be at their best for their patients.



Mukta Panda, MD.

Tennessee's own, award-winning physician speaker. Dr. Panda serves as the Assistant Dean for Well-Being and Medical Student Education, as well as, a Professor of Medicine at The University of Tennessee College of Medicine in Chattanooga. In addition to authoring "Resilient Threads", Dr. Panda is a nationally recognized speaker helping physicians navigate and optimizing work/life balance.

Featuring some of today's most prominent speakers on physician well-being!

DARINKA
MILEUSNIC-POLCHAN, MD



As the Chief Medical Examiner for Knox and many of the surrounding counties, Dr. Mileusnic-Polchan has taken an active role in prescribing practices, as well as, been an active member of the Knox County Drug Task Force. She will be presenting a 2-hour prescribing practices course which meets the BME licensure maintenance criteria.

GREG PHELPS, MD



Achieving work-life balance entails managing both professional and personal stressors such as aging parents, losing a patient or just aging gracefully. Dr. Greg Phelps, who specializes in palliative and end-of-life care, will address how to manage these life stressors while maintaining balance with your career.

EDWARD CAPPARELLI, MD



TMA President for 2022-2023, Dr. Edward Capparelli has brought physician well-being and the ramifications of burnout to the forefront in Tennessee. His efforts to reduce physician burnout continues to support physicians and help strengthen the medical profession.

The CME session schedule will allow for ample leisure time and will not conflict with ports of call.
Join your colleagues from around the state for a fun-filled week in the Caribbean, building and strengthening relationships.

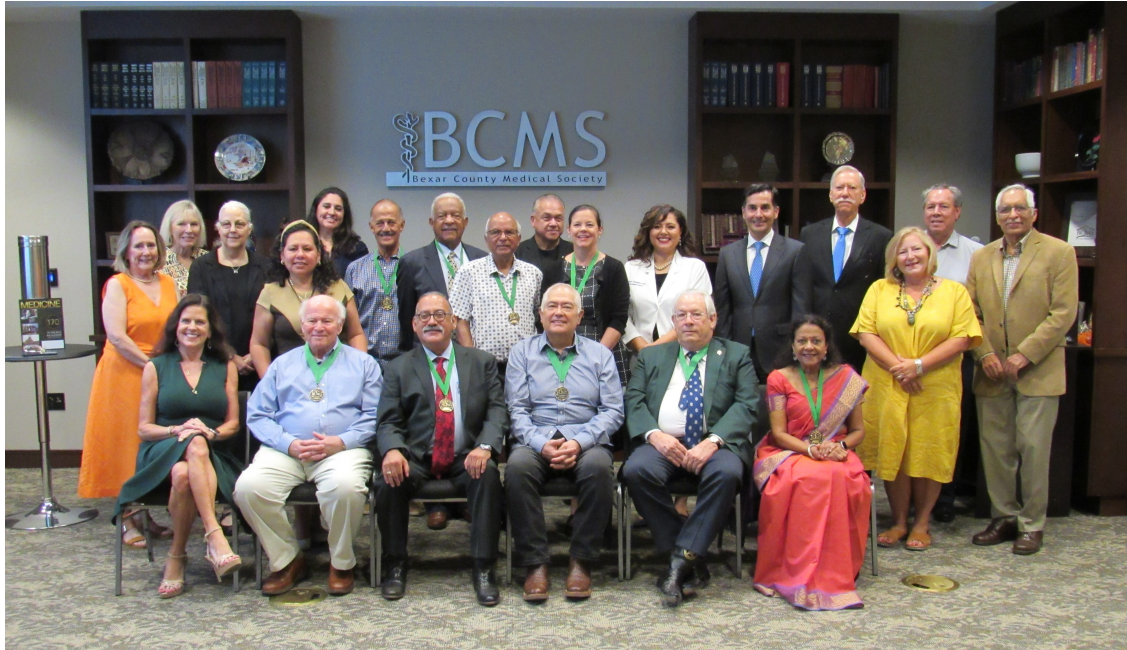
Covenant Health is accredited by the Medical Association of Georgia to provide continuing medical education for physicians. Covenant Health designates this live activity for a maximum of 28 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Use referral code: BCMSTX

[Register Here](#)

Community Healthcare News | News and events relating to the health of our community

**On Friday, September 22
the Bexar County Medical Society (BCMS)
celebrated its 170th anniversary**



Established in September of 1853 - BCMS is the oldest county medical society in Texas and the first to be organized under the State Medical Association of Texas. In terms of membership size, currently at approximately 5,500 members, BCMS is the 3rd largest county medical society in Texas and the 8th largest in the nation. Members of BCMS represent all medical specialties recognized by the American Medical Association and include Medical Doctors (MDs), Doctors of Osteopathic Medicine (DOs), Military Physicians, Residents and Medical Students. The Society seeks to promote high standards of medical care in the community, advocating on behalf of physicians and patients while providing beneficial services to its physician members.

Happy Anniversary BCMS!

KENS 5 News



**UT Health San Antonio
gears up to fight childhood cancer,
thanks to Hyundai Hope on Wheels® grants**



SAN ANTONIO, Sept. 26, 2023 – Children with cancer were joined by their families as they dipped their hands in finger paint and left their mark on a new Hyundai SUV at The University of Texas Health Science Center at San Antonio's (UT Health San Antonio) Greehey Children's Cancer Research Institute (GCCRI). Their smiles lit up the room Tuesday morning, warming the hearts of families, friends and all who witnessed the Handprint Ceremony during the Hyundai Hope on Wheels® event.

[Learn More](#)



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Informative - Educational | Improving your skills and knowledge

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Strategies for Disclosing an Unanticipated Outcome

Disclosing an unanticipated outcome to a patient and/or their family members can be daunting and stressful. Healthcare providers may worry about the possibility of litigation, damage to their reputations, workplace consequences, or even just upsetting patients/families.

[Learn More](#)

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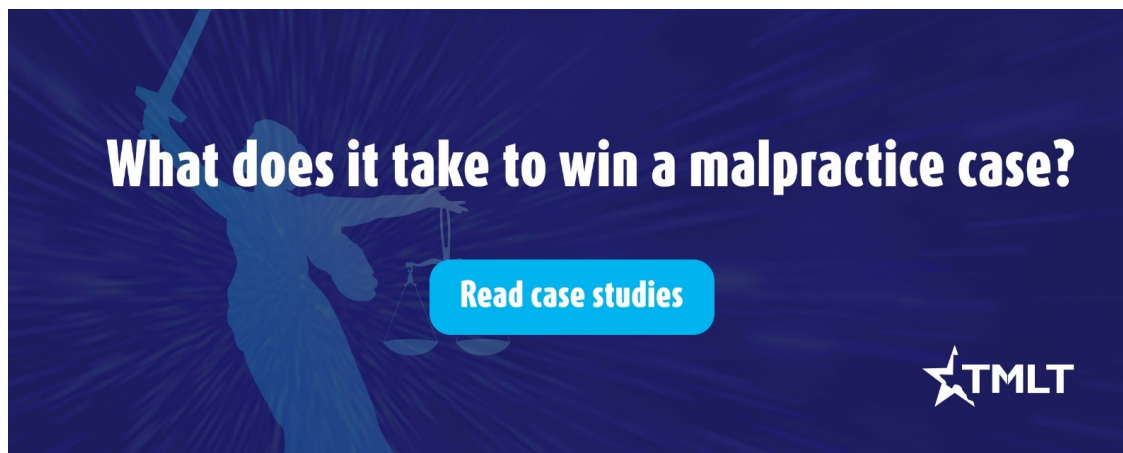
LEARN HOW ►



Get Guaranteed Acceptance for the New TMA Member Short Term Disability Plan

As young physicians embark on their medical careers, it is essential to prioritize their financial well-being and future security. Short term disability insurance is a crucial safety net that can help provide financial support during periods of medical leave when you are unable to earn your regular salary. We are proud to introduce the TMA Member Short Term Disability Plan, **issued by The Prudential Insurance Company of America**, as an affordable, guaranteed way for residents and young physicians to access vital income insurance protection.

[Learn More](#)



Case Closed

By TMLT a Platinum Sponsor of BCMS

About Case Closed: Trial Victories is a collection of cases that were won at trial. These cases symbolize a long journey for each policyholder involved . . . the journey from accusation to vindication in the courtroom.

Current Financial and Market News | Financial services and timely information tailored for the physician community



Your Market Update

By Oakwell Private Wealth Management a Gold Sponsor of BCMS

Weekly recap of market activity and events featuring commentary and analysis written with individual investors in mind.



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