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August 2022 Edition

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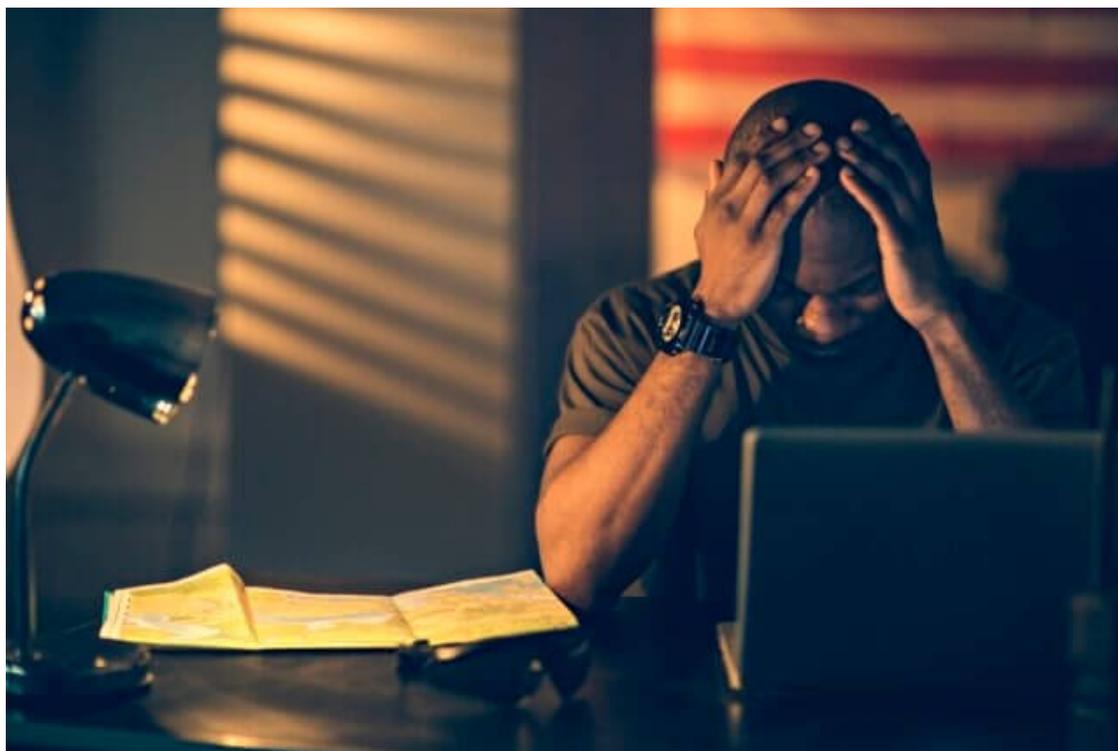


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**New Therapy Significantly Reduces Headache Disability, Post-traumatic**



## Stress After Brain Injury, Study Finds

Posted on July 12, 2022 at 10:37 am.

Shared by Will Sansom

**Note: This article was produced and contributed by Joel Williams and Julie Collins.**

The first therapy to be developed specifically for post-traumatic headache significantly reduced related disability in veterans following a traumatic brain injury (TBI). It also reduced co-occurring symptoms of post-traumatic stress disorder (PTSD) comparably to a gold-standard PTSD treatment. Moreover, the innovative treatment, Cognitive Behavioral Therapy for Headache (CBTH), was appealing to patients, showing low drop-out rates, and is easy for therapists to learn and deliver, increasing its potential to be broadly disseminated and to improve the lives of hundreds of thousands of service members and veterans.

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Financial Education

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## A Clear Policy Improves Billing Results

You may have heard about the Vermont doctor who was fed up with way medicine is practiced today and opened an office she calls "Simply Medicine." The sole practitioner doesn't accept insurance. Her fee is listed on a board in the waiting room: \$2 a minute for labor, plus the cost of supplies.

This doctor's system is an extreme way of avoiding managed care headaches and ensuring a steady cash flow. While most practices can't afford to disregard insurance companies, they can improve their billing procedures to speed up third-party payments and keep patients' accounts current.

[Full Article](#)



## Strengthening the Frontline: Cybersecurity Training for Healthcare Workers

Laura M. Cascella, MA, CPHRM

In today's connected world, the need to protect proprietary and sensitive information is increasingly challenging. As technology continues to expand and evolve, cybersecurity has become a preeminent concern for many industries, including healthcare. Complex networks and data exchanges, cloud-based services, social media, online portals, the Internet of Things, and other technologies have introduced opportunities and efficiencies but also potential threats.

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By TMAIT A Platinum Sponsor of the BCMS

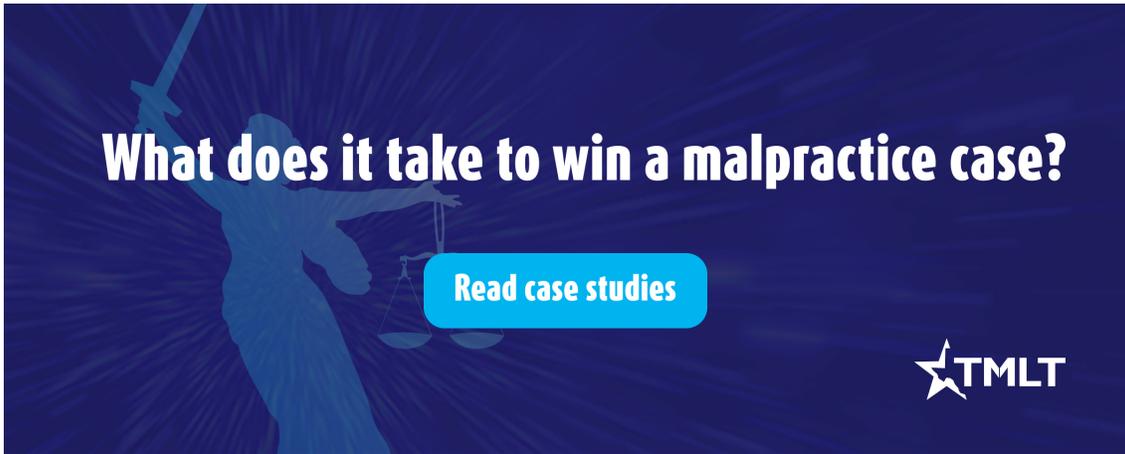
You're a practice owner and you've invested an incredible amount of time and energy to get where you are. Nobody knows this better than you. So, it's natural you want to protect everything you've worked so hard to achieve. That includes your hard-earned income. One way to do that is with disability insurance – as it provides critical financial support in the event an illness or injury keeps you from working. Unfortunately, for many physicians, disability insurance can seem expensive. This can be especially true for women practice owners. That's because women typically pay significantly more than men for disability insurance – because claim statistics show they are a higher risk.

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# What does it take to win a malpractice case?

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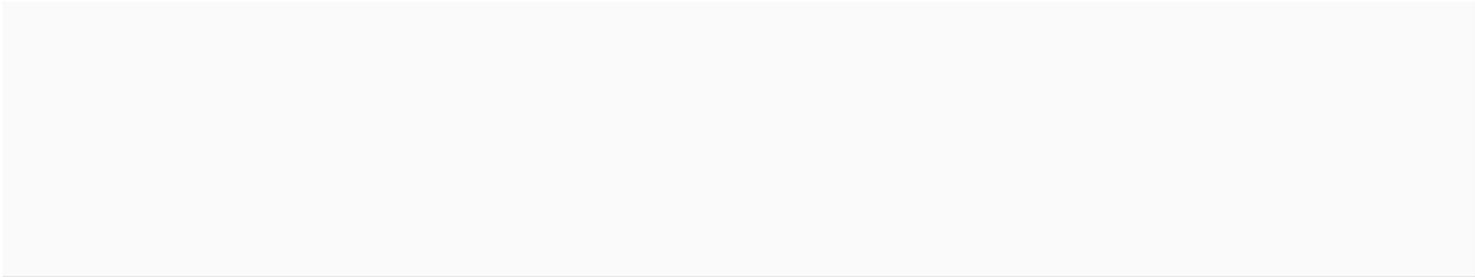
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